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UNDERSTANDING SABBATH IN THE NEW TESTAMENT

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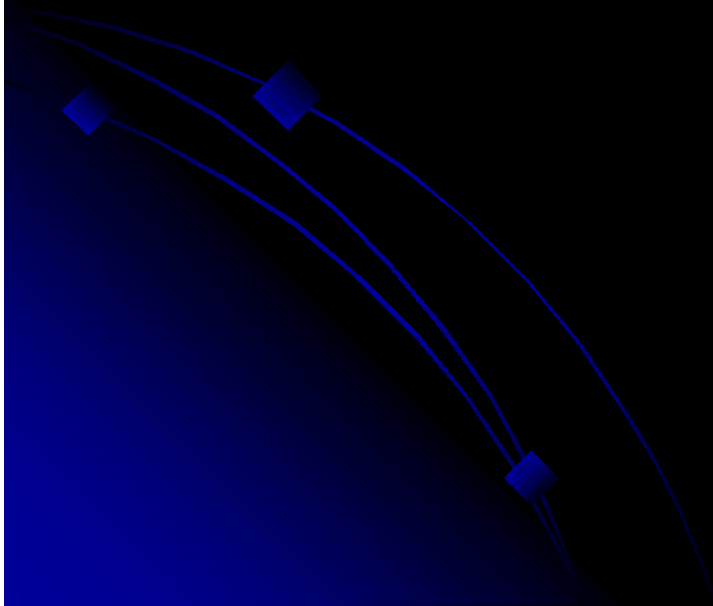
VIDEO URL LINKS:

http://www.youtube.com/watch?v=R_qoZRJpaSE

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Understanding Sabbath



Gen 2:2-3

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.

And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done

Exodus 20:8-10

Remember the Sabbath day by keeping it holy. Six days you shall labour and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

How does Old Testament law apply in the New Testament?

Matt 5:17

Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them

Three ways law fulfilled...

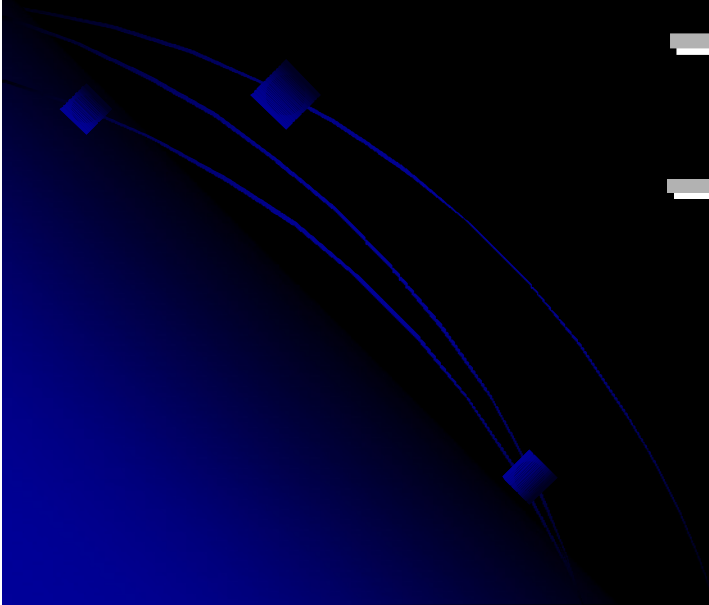
Moral truth re-iterated

Some laws no longer

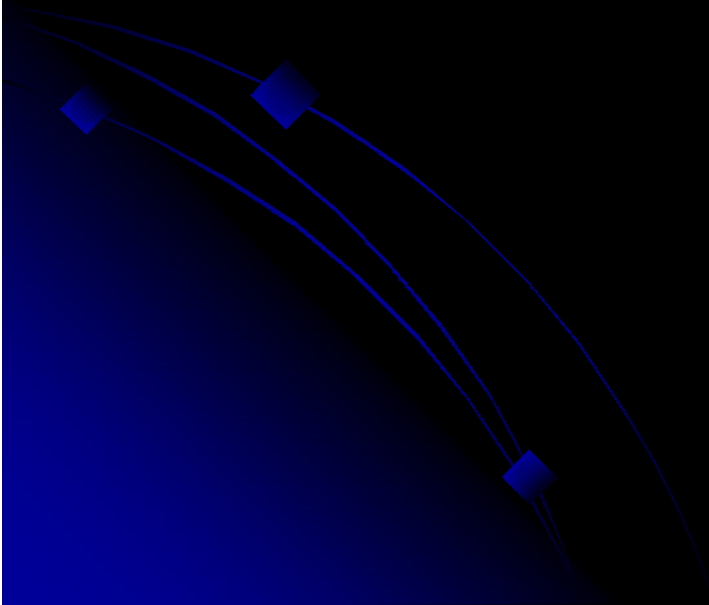
◆ applicable – “fulfilled”

◆ The law a “schoolmaster”

So What Does
Sabbath
Mean For Us
Today?



#1 Jesus has become
our Sabbath rest



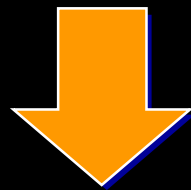
Heb 3:7, 4:7

So, as the Holy Spirit says: “Today, if you hear his voice, do not harden your hearts as you did in the rebellion, during the time of testing in the desert, where your fathers tested and tried me and for forty years saw what I did. That is why I was angry with that generation, and I said, ‘Their hearts are always going astray, and they have not known my ways.’ So I declared on oath in my anger, ‘They shall never enter my rest.’ ” □ 4:9 There remains, then, a Sabbath-rest for the people of God; for anyone who enters God’s rest also rests from his own work, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience.

Gen 4:9

Then the Lord said to Cain, "Where is your brother Abel?" "I don't know," he replied. "Am I my brother's keeper?" The Lord said, "What have you done? Listen! Your brother's blood cries out to me from the ground. Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand. When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth." Cain said to the Lord, "My punishment is more than I can bear. Today you are driving me from the land, and I will be hidden from your presence. I will be a restless wanderer on the earth, and whoever finds me will kill me."

#1 Jesus has become
our Sabbath rest



Trust in Jesus brings rest in
(i) righteousness, (ii) provision,
(iii) destiny/fruitfulness

#2 The practice of the Sabbath is wisdom

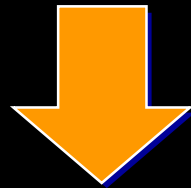


Weekly Sabbath

Annual Sabbath Feasts

The 7th Year Sabbatical

#3 Its not a requirement
for righteousness



Luke 2:27 The Sabbath was
made for man, not man for the
Sabbath

Today “Sabbath” means...

Jesus gives us rest by faith

But still, Sabbath practice is
wisdom...

Not a burdensome
requirement of law